





Problem 11.39

A flywheel has a moment of inertia of 0.140 kg-m² about its central axis. The angular momentum decreases from 3.00 to 0.800 kg-m²/s in 1.50 s.

- (a) What is the magnitude of the average torque acting **on** the flywheel? $\tau_{avg} = -1.47$ N-m
- (b) If the angular acceleration is constant, through what angle does the flywheel turn? $\Delta \theta = 20.4$ rad
- (c) How much work is done on the wheel by the torque? -30 J
- (d) What is the average power delivered by the flywheel? 20 W

2009 #8 a. An ideal spring is hung vertically from the ceiling. When a 3.0-kg mass hangs at rest from it, the spring is extended 0.06 m from its relaxed length. A downward external fore is now applied to the mass to extend the spring an additional 0.1 m. While the spring is being extended by the force, the work done by the spring is: (a) -8.7 J (b) -5.4 J (c) -5.4 × 10⁻⁴ (d) -540 J (c) 2.5 J

2012 #14

A 0.50 kg block attached to an ideal spring with a spring constant of 80 N/m oscillates on a horizontal frictionless surface. When the spring is 4.0 cm longer than its equilibrium length, the speed of the block is 0.50 m/s.

What is the maximum speed of the block? 0.71 m/s