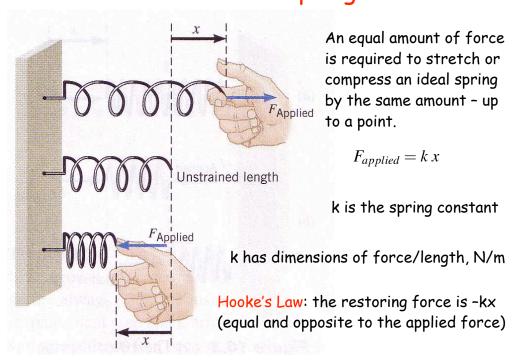
Chapter 10 Simple Harmonic Motion and Elasticity

- Hooke's Law, motion of a mass on a spring, simple harmonic motion
- Elastic potential energy the return of the conservation of mechanical energy
- The pendulum and simple harmonic motion
- Read about: (10.5, 10.6, not covered in class)
 damped harmonic motion
 driven harmonic motion
 resonance
- Forget about: 10.7, 10.8, Elastic deformation, stress, strain...

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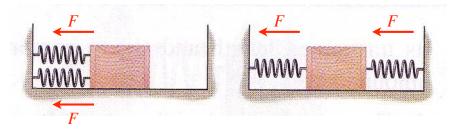
The Ideal Spring



Clickers!

10.C2: The springs are identical and initially unstrained, as shown in the diagram.

The boxes are pulled to the right by the same distance and released. Which box feels the greater force from the springs?

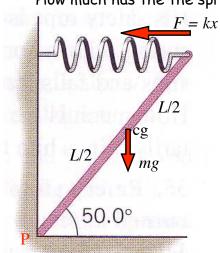


- A) box on left feels the greater force
- B) box on right feels the greater force
- C) the boxes feel the same force

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10.8/10: A 10.1 kg uniform board is held in place by a spring. The spring constant is k = 176 N/m. How much has the the spring stretched at equilibrium?



The length of the plank is L

Torques about P at the floor:

$$-mg(L/2)\cos 50^{\circ} + FL\sin 50^{\circ} = 0$$

$$F = \frac{mg}{2\tan 50^{\circ}} = kx$$

So,
$$x = \frac{mg}{2k \tan 50^{\circ}} = \frac{10.1 \times 9.8}{2 \times 176 \tan 50^{\circ}}$$

$$x = 0.24 \text{ m}$$

Is a short spring easier to compress?

Imagine the long spring as two half-length springs joined together.

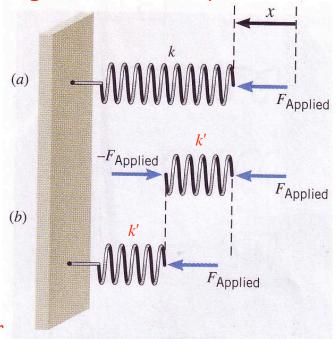
The applied force compresses each half spring by $\times/2$.

The spring constant for the short springs is given by:

$$F_{applied} = k' \times (x/2)$$

So
$$k'x/2 = kx$$
, and $k' = 2k$

The shorter spring is stiffer



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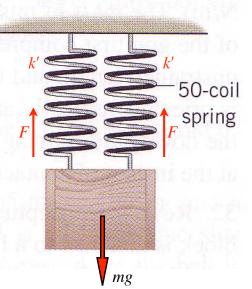
10.10/8: A mass, m, is attached to a 100 coil spring of spring constant k and its equilibrium position noted:

$$x_0 = mg/k = 0.16 m = equilibrium point$$

The spring is then cut into two 50 coil springs as shown. How much do the springs stretch?

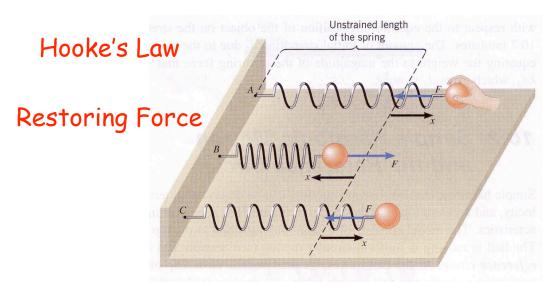
The spring constant of each spring is

$$k' = 2k$$



There are two of these springs, so the total restoring force is

$$F_{tot} = 2 \times (k'x) = 2 \times (2kx) = mg$$
, so $x = mg/(4k) = x_0/4 = 0.04 m$



The **restoring force** is the force the spring exerts when stretched or compressed - tries to move spring back to equilibrium state.

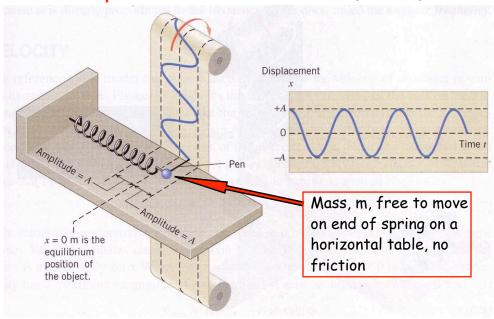
Restoring force,
$$F = -F_{applied} = -kx$$

$$F = -kx$$
, Hooke's Law

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-

Simple Harmonic Motion (SHM)



Pull the mass a distance A to the right, release, and observe motion...

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Simple Harmonic Motion (SHM)

Simple harmonic motion also seen for a mass suspended from a spring.

SHM is characteristic motion when the restoring force is proportional to the displacement from the equilibrium position

The equilibrium position corresponds to the spring stretched by an amount given by:

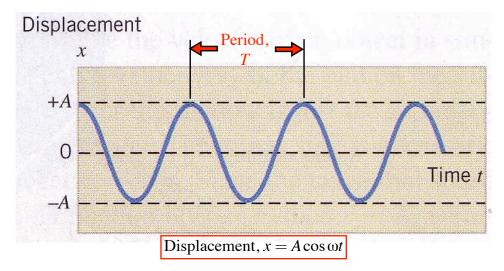
 $mg = kd_0$, so $d_0 = mg/k$.

SHM is about $x = d_0$ with amplitude A.

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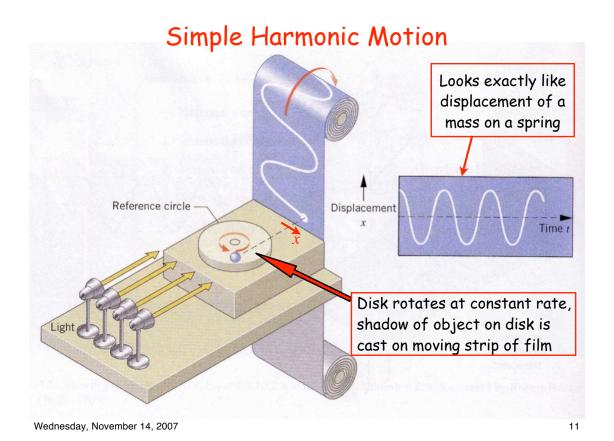
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Simple Harmonic Motion (SHM)

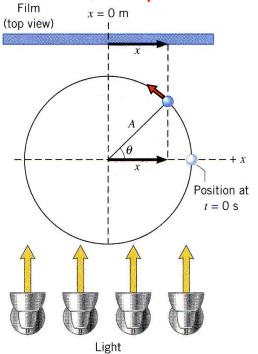


The time for one cycle is the period, T So $\omega T = 2\pi$ radians (i.e., 360° , 1 cycle), and $\omega = 2\pi/T = 2\pi f$,

f = frequency of the SHM, cycles/second or Hertz (Hz)



Simple Harmonic Motion



$$x = A\cos\theta$$

and if $\theta = \omega t$

(rotation at constant angular velocity ω), then,

$$x = A\cos\omega t$$

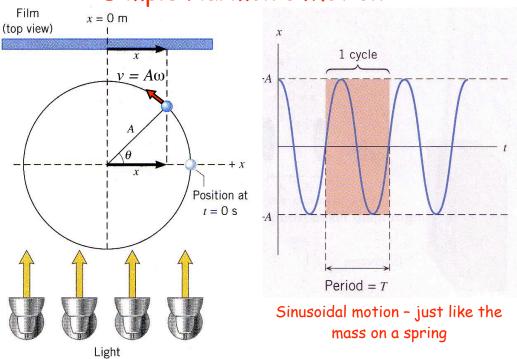
$$\theta = \omega t = \frac{(360^{\circ})}{2\pi \text{ when } t = T}$$

then
$$\omega T = 2\pi$$

$$\omega = 2\pi/T = 2\pi f$$

$$T = \text{period}, f = \text{frequency}$$

Simple Harmonic Motion



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Simple Harmonic Motion

 Simple harmonic motion results when the restoring force is proportional to the displacement -

F = -kx

• For the mass on the spring, how is the period of the harmonic motion related to the spring constant, k?

Clue:

 The motion of the mass on the spring looks just like the x component of the motion of the mass on the rotating disk.

Strategy - solve the easier problem:

• Look at the motion in a circle and find out what is the acceleration, $a_{\rm x}$, as that can be related to a restoring force and an effective spring constant.

Simple Harmonic Motion The "Reference Circle"

$x = A\cos\theta$

$$a_x = -a_c \cos \theta$$

$$a_c = v^2/A = (A\omega)^2/A = A\omega^2$$

So,
$$a_x = -A\omega^2 \cos \theta$$

and,
$$a_x = -\omega^2 x$$

Position at

$$t = 0 s$$

The component of the centripetal force in the x-direction is $F_x = ma_x = -m\omega^2 x$.

Looks just like F_x = -kx for the spring.

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Rotating disk: $a_x = -\omega^2 x$

acceleration is proportional to displacement

Mass on a spring: the restoring force is: $F = -kx = ma_x$

That is, $a_x = -(k/m)x$

acceleration also proportional to displacement

COMPARE: The mass on the spring moves in x in the same way as a mass on a disk that is rotating with $\omega = [k/m]^{1/2}$.

Then:
$$\omega = 2\pi f = \frac{2\pi}{T}$$

So,
$$T=2\pi\sqrt{\frac{m}{k}}$$
 for the mass on the spring



PHYS 2270
Physical
Topics For
Biologists A
(3 hrs)

There is no lab
Prerequisites: not updated on
Aurora - see Dr. Sharma for
permission to register:
509 Allen, 474-9817

The Department of Physics and Astronomy is offering a new 3 credit hour course in the Winter 2008 term, designed for students interested in the biological sciences. The course will introduce students to the basic concepts and principles of physics, both classical and quantum, which are fundamental to all biological phenomena and processes. The topics include wave phenomena, light and optics, quantum physics, thermodynamics and bioenergetics, electromagnetic theory, and fluid statics and dynamics. The prerequisites are PHYS 1050 or PHYS 1020. A knowledge of introductory differential and integral calculus is helpful, but not essential.

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Mastering Physics Assignment 4

Is due Monday, November 12 at 11 pm

Covers material from chapters 6 and 7

There are 8 questions for practice and 6 for credit

The Final Exam Schedule is Now Final!

PHYS 1020: Monday, December 17, 6 - 9 pm Frank Kennedy Brown & Gold Gyms The whole course 30 multiple choice questions Formula sheet provided

Useful for experiment 4:

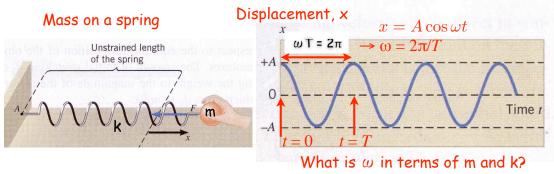
10.11/7: A small ball is attached to one end of a spring that has an unstrained length of 0.2 m. The spring is held by the other end, and the ball is whirled around in a horizontal circle at a speed of 3 m/s. The spring remains nearly parallel to the ground and is observed to stretch by 0.01 m. By how much would the spring stretch if it were attached to the ceiling and the ball allowed to hang straight down, motionless?

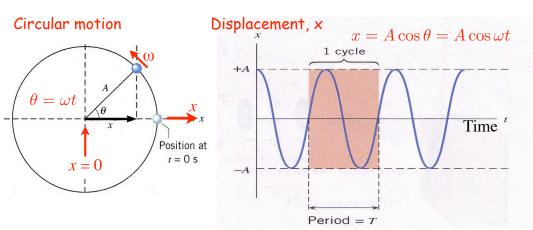
Find the spring constant from the amount the spring stretches when the ball is whirled around in a circle.

 \rightarrow Find the stretch when the ball is suspended.

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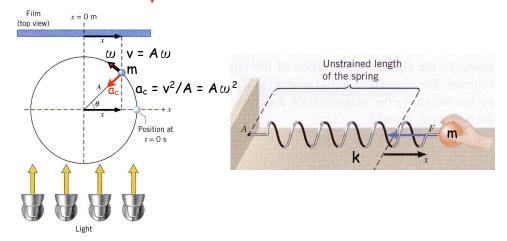




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Simple Harmonic Motion



Mass on a rotating disk

$$F_x = -m\omega^2 x$$

Mass on a spring

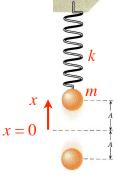
$$F_x = -kx$$

Simple harmonic motion in both cases - restoring force ∝ displacement

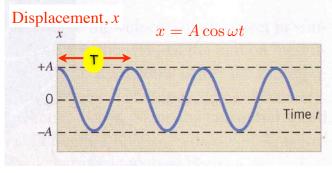
COMPARE: if $m\omega^2 = k$, then motions in x are exactly the same, so $\omega^2 = k/m$ for the mass on the spring, and $x = A\cos(\omega t)$

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Simple Harmonic Motion



• SHM results when the restoring force is proportional to displacement:

$$F = -kx$$

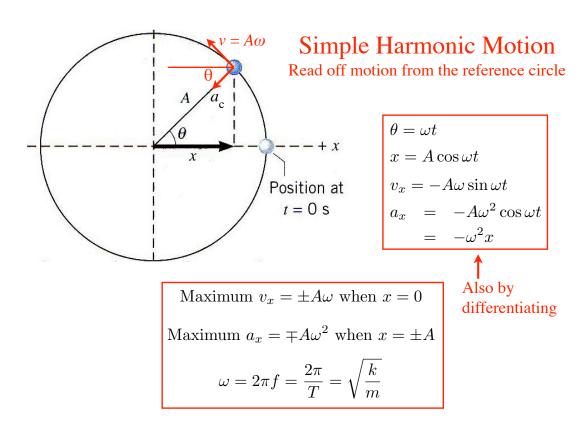
The resulting motion is:

$$x = A\cos\omega t$$
, (or $x = A\sin\omega t$)

$$\omega = \sqrt{\frac{k}{m}}$$
 and $T = 2\pi \sqrt{\frac{m}{k}}$

rad/s Hz s

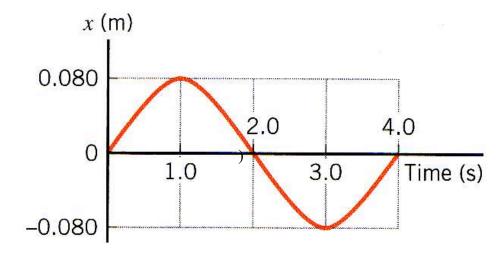
$$\psi$$
 ψ ψ
 $\omega = 2\pi f = 2\pi/T$



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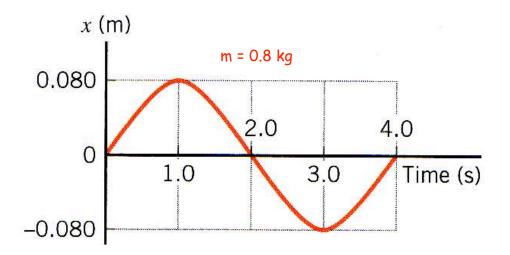
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10.17: A 0.8 kg mass is attached to a spring.



a) Find the amplitude, A, of the motion.

A = maximum displacement from the equilibrium position = 0.08 m



b) Find the angular frequency, ω

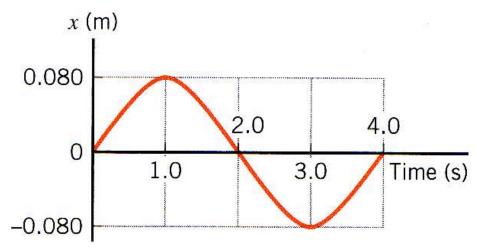
$$\omega$$
 = $2\pi/T$ and T = 4 s, so ω = $2\pi/4$ = 1.57 rad/s

c) Find the spring constant, k.

$$\omega^2$$
 = k/m, so k = m ω^2 = (0.8 kg)(1.57 rad/s)² = 1.97 N/m

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d) Find the speed of the object at t = 1 s. v = 0 (has reached maximum x and has come momentarily to rest)

e) Find the magnitude of the acceleration at t = 1 s.

$$a = -\omega^2 x = -(1.57 \text{ rad/s})^2 \times (0.08 \text{ m}) = -0.20 \text{ m/s}^2$$

(Check: $a = F/m = -kx/m = -1.97 \times 0.08/0.8 = -0.20 \text{ m/s}^2$)

10.-/20: When a mass m_1 is hung from a vertical spring and set into vertical simple harmonic motion, its frequency is 12 Hz. When another object of mass m_2 is hung on the spring along with m_1 , the frequency of motion is 4 Hz. Find m_2/m_1 .

$$\omega = \sqrt{k/m} = 2\pi f \qquad \text{that is, } f \propto 1/\sqrt{m}$$
 For mass m_1 : $f_1 = 12 \text{ Hz}$ For mass $m_1 + m_2$: $f_2 = 4 \text{ Hz}$
$$\frac{f_1}{f_2} = \sqrt{\frac{m_1 + m_2}{m_1}} = \sqrt{1 + m_2/m_1}$$
 And, $\frac{12}{4} = \sqrt{1 + m_2/m_1}$
$$\frac{m_2}{m_1} = 3^2 - 1 = 8$$

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x = 0 m k = 450 N/m k = 650 N/m k = 650 N/m

10.22: A 3 kg block is placed between two horizontal springs. The springs are neither strained nor compressed when the block is at x = 0. The block is displaced to x = 0.07 m and is released.

Find the speed of the block when it passes back through x = 0 and the angular frequency of the system.

Question: What is the effective spring constant? That is, what is the restoring force when the block is displaced unit distance?

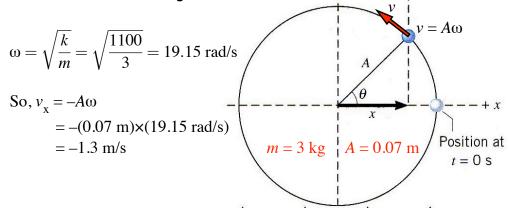
When the block is moved x to the right, the restoring force is: F = -(450 + 650)x = -1100x N.

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The effective spring constant is 1100 N/m.

When the block passes through x = 0, it has its maximum speed,

 $v_x = -A \omega$ when travelling to the left, and...



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 $v = A\omega$

Position at

t = 0 s

Motion of mass on spring by reference to

the reference circle

$$\omega = \sqrt{\frac{k}{m}}$$

At
$$x = 0$$
, $v_x = -A\omega$

The KE of the mass at x = 0 is

$$\mathrm{KE} = \frac{mv_x^2}{2} = \frac{mA^2\omega^2}{2} = \frac{mA^2}{2}\frac{k}{m}$$

$$KE = \frac{kA^2}{2}$$

Conservation of mechanical energy: when the spring is stretched to x = A, it has PE = $kA^2/2$, which is converted entirely to KE when x = 0.

Energy and Simple Harmonic Motion

Elastic Potential Energy:

Energy is stored in a spring when it is stretched or compressed. The potential energy is released when the spring is released.

The restoring force exerted by the spring when stretched by x is:

$$F = -kx$$

The work done by the restoring force when the spring is stretched from x_0 to x_f is:

$$W_{elastic} = F_{average} \times (x_f - x_0) = \frac{-k(x_f + x_0)}{2} \times (x_f - x_0)$$

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$$W_{elastic} = \frac{-k(x_f + x_0)}{2} \times (x_f - x_0)$$

$$W_{elastic} = \frac{1}{2}kx_0^2 - \frac{1}{2}kx_f^2$$
 = work done by the restoring force

Initial Final elastic elastic PE PE

$$PE_{elastic} = \frac{1}{2}kx^2$$

The total mechanical energy is now:

$$E = \frac{1}{2}mv^2 + mgh + \frac{1}{2}kx^2$$

Kinetic energy due to rotation could be included too, but we do not cover that.

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Mechanical Energy

Elastic Potential Energy:

$$PE_{elastic} = \frac{1}{2}kx^2$$

Mechanical Energy:

$$E = KE + PE_{grav} + PE_{elastic}$$
$$= \frac{1}{2}mv^2 + mgh + \frac{1}{2}kx^2$$

Mechanical energy is conserved in the absence of nonconservative (applied and friction) forces:

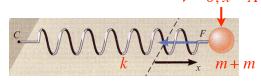
$$W_{nc} = \Delta E = \Delta KE + \Delta PE_{grav} + \Delta PE_{elastic}$$

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10.C6: A block is attached to a horizontal spring and slides back and forth in simple harmonic motion on a frictionless horizontal surface. A second identical block is suddenly attached to the first block at the moment the block reaches its greatest displacement and is at rest.

Explain how a) the amplitude, b) the frequency, c) the maximum speed of the oscillation change. v = 0, x = A



- a) Amplitude unchanged
- b) $\omega = \sqrt{\frac{k}{m}} \rightarrow \sqrt{\frac{k}{2m}}$ frequency reduced by factor of $\sqrt{2}$
- c) Mechanical energy: at x = A: KE = 0, PE = $kA^2/2$ unchanged At x = 0: KE_{max} = $kA^2/2 = mv_{max}^2/2$ is unchanged If m is doubled, v_{max} is reduced by factor of $\sqrt{2}$

Mechanical Energy

An object of mass 0.2 kg is oscillating on a spring on a horizontal frictionless table. The spring constant is k = 545 N/m.

The spring is stretched to $x_0 = 4.5$ cm, then released from rest.

Find the speed of the mass when (a) $x_f = 2.25$ cm, (b) $x_f = 0$ cm.

Conservation of mechanical energy: $E_f = E_0$, so

$$\frac{1}{2}mv_o^2 + mgh_o + \frac{1}{2}kx_o^2 = \frac{1}{2}mv_f^2 + mgh_f + \frac{1}{2}kx_f^2$$

 $h_{\rm f} = h_{\rm o}$ and $v_{\rm o} = 0$, so:

$$\frac{1}{2}kx_o^2 = \frac{1}{2}mv_f^2 + \frac{1}{2}kx_f^2$$

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$$\frac{1}{2}kx_o^2 = \frac{1}{2}mv_f^2 + \frac{1}{2}kx_f^2$$

$$v_f = \sqrt{\frac{k(x_o^2 - x_f^2)}{m}}$$

$$x_0 = 4.5 \text{ cm}, k = 545 \text{ N/m}, m = 0.2 \text{ kg}$$

(a)
$$x_f = 2.25$$
 cm

$$v_f = \sqrt{\frac{545(0.045^2 - 0.0225^2)}{0.2}} = 2.03 \text{ m/s}$$

(b)
$$x_{\rm f} = 0 \text{ cm}$$

$$v_f = \sqrt{\frac{545(0.045^2 - 0.0)}{0.2}} = 2.35 \text{ m/s}$$

A new physics course for students of the Biological Sciences:

PHYS 2270
Physical
Topics For
Biologists A
(3 hrs)

There is no lab
Prerequisites: not updated on
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Mechanical Energy

Mechanical energy, conserved in the absence of nonconservative (applied and friction) forces:

$$E = KE + PE_{grav} + PE_{elastic}$$
$$= \frac{1}{2}mv^2 + mgh + \frac{1}{2}kx^2$$

In the presence of nonconservative forces:

$$W_{nc} = \Delta E = \Delta KE + \Delta PE_{grav} + \Delta PE_{elastic}$$

10.24: An archer pulls the bowstring back 0.47 m. The bow and string act like a spring with spring constant k = 425 N/m.

What is the elastic potential energy of the drawn bow?

$$E = \frac{1}{2}kx^2 = \frac{1}{2} \times 425 \times 0.47^2 = 46.9 \text{ J}$$

The arrow has a mass m = 0.03 kg. How fast will it travel when it leaves the bow?

$$E = \frac{1}{2}kx^2 + 0 = 0 + \frac{1}{2}mv^2$$

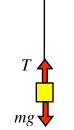
$$46.9 \text{ J} = \frac{1}{2}mv^2 = \frac{1}{2} \times 0.03v^2$$

$$v = \sqrt{2 \times 46.9/0.03} = 55.9 \text{ m/s}$$

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10.30: A 3.2 kg block hangs stationary from the end of a vertical spring attached to the ceiling. The elastic potential energy of the spring/mass system is 1.8 J. What is the elastic potential energy when the 3.2 kg mass is replaced by a 5 kg mass?



At equilibrium, mg = T = kx,

where \boldsymbol{x} is the amount the spring is stretched.

So,
$$x = mg/k$$
.

The elastic potential energy is

$$PE_{elastic} = kx^2/2 = k(mg/k)^2/2$$
.

That is,
$$PE_{elastic} \propto m^2$$

So $PE_{elastic} = (5/3.2)^2 \times 1.8 = 4.4 \text{ J}$

10.-/26: The spring in a pinball machine (k = 675 N/m) is compressed 0.065 m. The ball (m = 0.0585 kg) is at rest against the spring at point A. When the spring is released, the ball slides to point B, which is 0.3 m higher than point A. How fast is the ball moving at B? (no friction)



Conservation of mechanical energy:

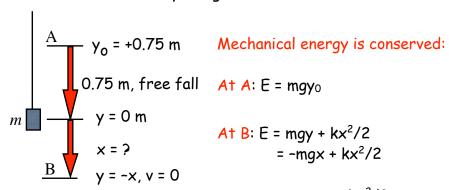
At A:
$$E_A = \frac{1}{2}mv_0^2 + mgy_0 + \frac{1}{2}kx_0^2$$

= $0 + 0 + \frac{1}{2} \times 675 \times 0.065^2 = 1.426 \text{ J}$
At B: $E_B = \frac{1}{2}mv^2 + 0.3mg + 0 = 1.426 \text{ J} \rightarrow v = 6.55 \text{ m/s}$

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10.76/34: An 86 kg climber is scaling the vertical wall of a mountain. His safety rope when stretched acts like a spring with spring constant k = 1200 N/m. He falls 0.75 m before the rope becomes taut. How much does the rope stretch when it breaks his fall and momentarily brings him to rest?



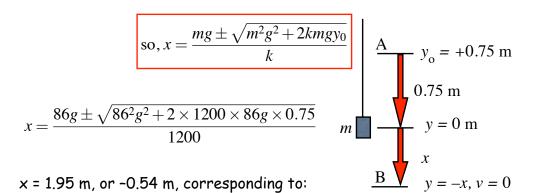
At B: E = mgy +
$$kx^2/2$$

= -max + $kx^2/2$

So,
$$mgy_0 = -mgx + kx^2/2$$

$$kx^2/2 - mgx - mgy_0 = 0$$
 so, $x = \frac{mg \pm \sqrt{m^2g^2 + 2kmgy_0}}{k}$

$$kx^2/2 - mgx - mgy_0 = 0$$



so, y = -x = -1.95 m, or +0.54 m.

y = +0.54 m means the rope is stretched by a negative amount!

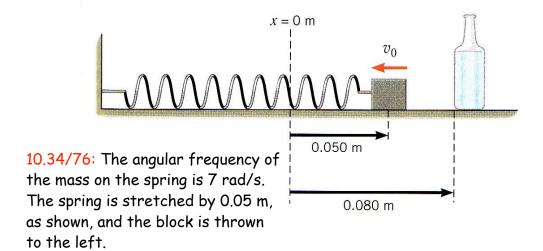
So, y = -1.95 m and the rope is stretched 1.95 m

The angular frequency of the climber on the end of the rope is

$$\omega = \sqrt{k/m} = \sqrt{(1200 \text{ N/m})/(86 \text{ kg})} = 3.74 \text{ rad/s}$$
 (T = 1.7 s)

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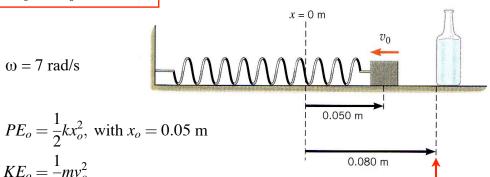
Find the minimum speed v_0 so that the bottle gets hit (ignore width of block).

Conservation of mechanical energy:

$$PE_0 + KE_0 = PE + KE$$

$PE_0 + KE_0 = PE + KE$

 $\omega = 7 \text{ rad/s}$



$$KE_o = \frac{1}{2}mv_o^2$$

$$PE = \frac{1}{2}kx^2$$
, with $x = 0.08$ m

KE = 0 (just reaches the bottle)

$$\frac{1}{2}k \times 0.05^2 + \frac{1}{2}mv_o^2 = \frac{1}{2}k \times 0.08^2 + 0$$

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$$\frac{1}{2}k \times 0.05^2 + \frac{1}{2}mv_o^2 = \frac{1}{2}k \times 0.08^2 + 0$$

$$\omega = \sqrt{\frac{k}{m}} = 7 \text{ rad/s}, \text{ so, } k = 49m$$

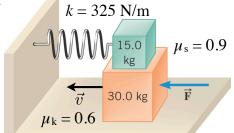
Therefore,
$$mv_0^2 = 49m(0.08^2 - 0.05^2)$$

$$v_0 = 0.44 \text{ m/s}$$

10.12: A horizontal force F is applied to the lower block in such a way that the blocks move at constant speed. At the point where the upper block begins to slip, determine a) the amount by which the spring is

compressed and b) the magnitude of the force, F.

There is no acceleration, so the net force on each block is zero.



a) Forces on the upper block:

$$P = kx$$

$$F_N = 15g$$

$$F_S = \mu_S F_N \quad \bigvee_{15g}$$

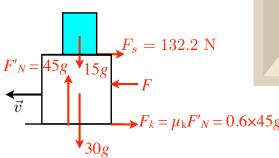
Block slips when $P = (F_s)_{max} = \mu_s F_N$

That is: kx =
$$\mu_s$$
 × 15g
$$\rightarrow x = \frac{15\mu_s g}{k} = \frac{15\times0.9g}{325} = 0.407~\mathrm{m}$$
 and $F_s = 15\mu_s g = 132.2~\mathrm{N}$

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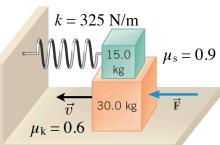
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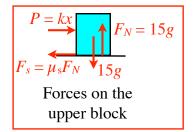
b) Forces on the lower block:



Acceleration = 0, so net force on block = 0

$$F = F_s + F_k = 132.2 + 0.6 \times 45g = 397 \text{ N}$$

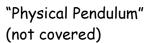




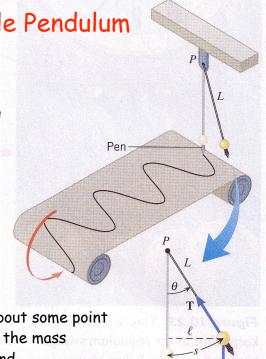
The Simple Pendulum

Simple Pendulum:

- · a mass on the end of a string
- executes SHM for small displacements



- an extended mass pivoting about some point
- example, a solid bar in which the mass is not concentrated at one end



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Simple Pendulum

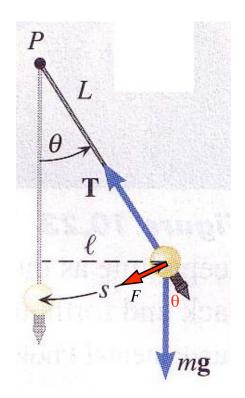
The restoring force along the arc s along which the mass moves is:

$$F = -mg\sin\theta \simeq -mg\theta$$
 for small angles and $\theta = \frac{s}{L}$ radians Force pulls mass back to $\theta = 0$

This is of the same form as for a mass on a spring:

F = -kx, with s taking the place of x and with an effective spring constant:

$$k = mg/L$$



Effective spring constant, k = mg/L

Then, the angular frequency for the motion is:

$$\omega = \sqrt{\frac{k}{m}} = \sqrt{\frac{g}{L}}$$

As, $\omega = 2\pi f = 2\pi/T$, the period is

$$T=2\pi\sqrt{\frac{L}{g}}$$
 Period of a simple pendulum

"Physical pendulum": an extended object pivoting about a point

Not
$$T = 2\pi \sqrt{\frac{I}{mgL}}$$
 $I = \text{moment of inertia}$ $L = \text{distance from pivot to centre of gravity}$

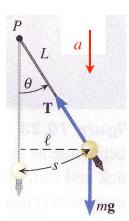
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Clickers!

You have a simple pendulum in an elevator that is accelerating downward with acceleration a.

Does the pendulum swing more slowly, more quickly, or at the same rate as it does when the elevator is at rest?



- A) The pendulum swings more slowly
- B) The pendulum swings more quickly
- C) The pendulum swings at unchanged rate

The tension in a string from which a mass is suspended is m(g - a), as if the acceleration due to gravity has been reduced...

10.40: A pendulum consists of a ball on the end of a string 0.65 m long. The ball is pulled to one side through a small angle and released. How long does it take the ball to reach its greatest

speed?

Conservation of mechanical energy:

$$PE_0 + KE_0 = PE + KE$$
, or

$$PE_{o} + 0 = 0 + KE$$

Time to reach lowest point is T/4:

$$t = \frac{1}{4} \times 2\pi \sqrt{L/g} = 0.40 \text{ s}$$

At lowest point, PE = 0, so KE = maximum value

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10.-/42: A pendulum clock acts as a simple pendulum of length 1 m. It keeps accurate time at a location where the acceleration due to gravity is 9.83 m/ s^2 . What must be the length of the pendulum to keep accurate time if the local acceleration due to gravity is 9.78 m/s^2 ?

Period,
$$T = 2\pi \sqrt{\frac{L}{g}}$$

For a fixed period, L/g = constant.

So,
$$\frac{L_1}{g_1} = \frac{L_2}{g_2}$$
 to keep time

$$L_2 = L_1 \times \frac{g_2}{g_1} = (1 \text{ m}) \times \frac{9.78}{9.83}$$

$$L_2 = 0.995 \text{ m}$$

10.69/41: Astronauts on a distant planet set up a simple pendulum of length 1.2 m. The pendulum executes simple harmonic motion and makes 100 complete swings in 280 s. What is the acceleration due to gravity on the planet?

Period,
$$T = 2\pi \sqrt{\frac{L}{g}} = \frac{280}{100} = 2.8 \text{ s}$$

$$g = L \left[\frac{2\pi}{T}\right]^2 = 1.2 \left[\frac{2\pi}{2.8}\right]^2 = 6.0 \text{ m/s}^2$$

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Simple Harmonic Motion

- The restoring force has the form: F = -kx
- The motion is: $x = A \cos(\omega t)$, or $x = A \sin(\omega t)$
- . The angular frequency is: $\omega = \sqrt{\frac{k}{m}}$

$$\omega = 2\pi f = 2\pi/T$$
 $T = 2\pi\sqrt{\frac{m}{k}}$

· Simple pendulum:

$$T=2\pi\sqrt{rac{L}{g}}$$